

**Being
Successful
is about who
you are...
Not about
who
you are not!**



Strength Activity

On a blank sheet of paper, write your name vertically on the left hand side of the paper.

Write each letter separately. Now, for each of the letters, write a word or phrase that describes something positive about you!

Example below:

G
a
r
y

Get things done

Always ready to help

Ready to listen

Love to share with me

Outline for Strengths Witness Talk

I just heard about discovering my strengths when...

My negative reaction was...

What changed my mind was...

Knowing my strengths has benefited my life by...



“What I do you cannot do: But what I do you cannot do. The needs are great, and none of us, including me, ever do great things. But we can do small things, with great love, and together we can do something wonderful” Mother Theresa

- Become aware of group’s signature themes, share phone numbers, emails.
- Teach recognition and celebration of other’s strengths.
- Encourage the mind set that others’ gifts do not take away from us but compliment and enrich us.

- Scripture Reading and reflection (*John 10: 1-10*)
 - A prayerful study of our God-given strengths should lead us to become more aware of them and, thereby, actualize them with the grace of God. In John's gospel, Jesus develops quite an extended metaphor, a multi-faceted comparison.
 - Does becoming more aware of your strengths help you to:
 - Hear the voice of the Good Shepherd?
 - Respond to his call?
 - Enter through the right gate?
 - Come in and go out?
 - Be a better follower?
 - Find good pasture?
 - Protect you against being falsely led?
 - Something else?
 - Please reflect on the Lord's words for a moment quietly before we share.

Animal School Discussion Questions

**When have you been in a situation like
the rabbit being asked to **swim**?**

How did you feel about it?

How did others treat you?

How did the situation end?

***Excellence does not stem from fixing weakness:
It springs from recognizing our talents and applying
them to our life!***



